GRANOS Y GRAMOS

# CATÁLOGO MAYO 2023

Pedidos www.granosygramos.cl o al +569 82028984

# PRODUCTOS A GRANEL

GRANOS Y GRAMOS

| | 1 Kg. | 500g. | 250g. | 100g. |
|---|---|---|---|---|
| Almendra con piel | $12.100 | $6.050 | $3.025 | $1.210 |
| Almendras con chocolate | $15.200 | $7.600 | $3.800 | $1.520 |
| Almidón de mandioca | $4.800 | $2.400 | $1.200 | $480 |
| Arándanos deshidratados | $14.900 | $7.450 | $3.725 | $1.490 |
| Arroz Basmati | $3.800 | $1.900 | $950 | $380 |
| Arroz Blanco | $1.260 | $630 | $315 | $126 |
| Arroz Integral | $1.450 | $725 | $363 | $145 |
| Avellana Europea | $17.250 | $8.625 | $4.313 | $1.725 |
| Avena Instantánea | $1.650 | $825 | $413 | $165 |
| Avena Integral | $1.800 | $900 | $450 | $170 |
| Azúcar orgánica de coco | $8.100 | $4.050 | $2.025 | $810 |
| Azúcar rubia | $2.400 | $1.200 | $600 | $240 |
| Azúcar morena | $2.800 | $1.400 | $700 | $280 |
| Burgol | $4.700 | $2.350 | $1.250 | $470 |
| Cacao 100% | $15.000 | $7.500 | $3.750 | $1.500 |
| Café cubierto de chocolate | $14.300 | $7.150 | $3.575 | $1.430 |
| Café de grano | $17.700 | $8.850 | $4.425 | $1.770 |
| Café molido | $15.200 | $7.600 | $3.800 | $1.520 |
| Carne vegetal clara y oscura | $2.600 | $1.300 | $650 | $260 |
| Castaña Caju con o sin sal | $19.500 | $9.750 | $4.875 | $1.950 |
| Ciruelas sin carozo | $5.700 | $2.850 | $1.425 | $570 |
| Coco chip | $10.200 | $5.100 | $2.550 | $1.020 |
| Coco cubo | $14.800 | $7.400 | $3.700 | $1.480 |
| Coco rallado | $5.850 | $2.925 | $1.463 | $585 |
| Cous cous | $5.900 | $2.950 | $1.475 | $590 |
| Cranberries deshidratados | $7.900 | $3.950 | $1.975 | $790 |
| Cranberries cubiertas de chocolate | $14.200 | $7.100 | $3.550 | $1.420 |
| Chia | $6.350 | $3.175 | $1.588 | $635 |
| Chips de chocolate | $10.650 | $5.325 | $2.663 | $1.065 |
| Cholitos | $6.700 | $3.350 | $1.675 | $670 |
| Chubi / Chubi corazón | $10.600 | $5.300 | $2.650 | $1.060 |
| Damascos Turcos | $14.300 | $7.150 | $3.575 | $1.430 |
| Dátiles sin carozo | $7500 | $3.750 | $1.875 | $750 |
| Dátiles con carozo | $6.500 | $3.250 | $1.625 | $650 |

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|---|---|---|---|---|
| Garbanzos | $3.100 | $1.550 | $775 | $310 |
| Goji | $12.200 | $6.100 | $3.050 | $1.220 |
| Goma Xanthan | $12.000 | $6.000 | $3.000 | $1.200 |
| Gomitas surtidas | $10.100 | $5.050 | $2.525 | $1.010 |
| Guaguitas | $9.200 | $4.600 | $2.300 | $920 |
| Granola (Avena, Chia, linaza, coco chip natural , Cranberries, cereal, quinoa y amaranto pop, pepa de zapallo y maravilla | $5.600 | $2.800 | $1.400 | $560 |
| Habas tostadas con sal | $7.400 | $3.700 | $1.850 | $740 |
| Harina de Almendra sin piel | $12.500 | $6.250 | $3.125 | $1.250 |
| Harina de Avena | $2.200 | $1.100 | $550 | $220 |
| Harina Centeno | $1.800 | $900 | $450 | $180 |
| Harina de Coco | $5.800 | $2.900 | $1.450 | $580 |
| Harina de Linaza | $3.600 | $1800 | $900 | $360 |
| Harina de Maíz | $2.000 | $100 | $500 | $200 |
| Harina de Quinoa | $5.800 | $2.900 | $1.450 | $580 |
| Harina Blanca de Trigo | $1.200 | $600 | $300 | $120 |
| Harina Integral | $2.200 | $1.100 | $550 | $220 |
| Harina de Garbanzo | $2.900 | $1.450 | $725 | $290 |
| Harina de Lentejas | $2.500 | $1.250 | $625 | $250 |
| Harina de Arveja | $2.300 | $1.150 | $575 | $230 |
| Huesillo Grande | $7.000 | $3.500 | $1.750 | $700 |
| Jengibre confitado | $12.000 | $6.000 | $3.000 | $1.200 |
| Lentejas 6mm | $3.100 | $1.550 | $775 | $310 |
| Lentejas Baby | $3.000 | $1.500 | $750 | $300 |
| Lentejas Negras | $3.850 | $1.925 | $963 | $385 |
| Lentejas Rojas | $3.400 | $1.700 | $850 | $340 |
| Levadura seca | $7.600 | $3.800 | $1.900 | $760 |
| Linaza | $3.750 | $1.875 | $938 | $375 |
| Maíz Curagua | $2.400 | $1.200 | $600 | $240 |
| Maní Ajo | $4.200 | $2.100 | $1.050 | $420 |
| Maní confitado | $6.800 | $3.400 | $1.700 | $680 |
| Maní confitado mix sabor | $6.800 | $3.400 | $1.700 | $680 |
| Maní cubierto de chocolate | $6.600 | $3.300 | $1.650 | $660 |

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|---|---|---|---|---|
| Maní tipo Rocklets | $8.800 | $4.400 | $2.200 | $880 |
| Maní Japonés cebolla | $5.600 | $2.800 | $1.400 | $560 |
| Maní Japonés merken | $5.600 | $2.800 | $1.400 | $560 |
| Maní Japonés Natural | $5.600 | $2.800 | $1.400 | $560 |
| Maní Merkén | $4.400 | $2.200 | $1.100 | $440 |
| Maní Tostado con sal | $4.400 | $2.200 | $1.100 | $440 |
| Maní Tostado sin sal | $4.400 | $2.200 | $1.100 | $440 |
| Mix Caribe (nueces, mani, almendras, plátano chip, cranberries y coco laminado) | $8.900 | $4.450 | $2.225 | $890 |
| Mix Semilla (almendras, Maní, semillas maravilla, pepas zapallo y cranberries) | $8.900 | $4.450 | $2.225 | $890 |
| Mix Tropical (cubitos de fruta, coco, piña, kiwi, naranja) | $9.650 | $4.825 | $2.413 | $965 |
| Mix Goji (goji, castaña de caju, maravilla, calabazas y arándanos) | $14.500 | $7.250 | $3.625 | $1.450 |
| Mix Cocktail (mani con sal, castañas de cajú con sal, avellanas europeas y almendras) | $9.200 | $4.600 | $2.300 | $920 |
| Muesli (avena, manzana, Cranberries, zapallo, maravilla, coco chip tostado, cereal, goji) | $5.600 | $2.800 | $1.400 | $560 |
| Nuez Mariposa Blanca | $12.900 | $6.450 | $3.225 | $1.290 |
| Ositos | $9.000 | $4.500 | $2.250 | $900 |
| Panko | $7.500 | $3.750 | $1.875 | $750 |
| Pasas cubiertas de chocolate | $6.600 | $3.300 | $1.650 | $660 |
| Pasas Rubias | $5.800 | $2.900 | $1.450 | $580 |
| Piedras de chocolate | $10.200 | $5.100 | $2.550 | $1.020 |
| Pistachos con sal | $17.200 | $8.600 | $4.300 | $1.720 |
| Pistachos sin sal | $17.200 | $8.600 | $4.300 | $1.720 |
| Plátano chips | $8.600 | $4.300 | $2.150 | $860 |
| Porotos burros | $3.250 | $1.625 | $813 | $325 |
| Porotos negros | $2.500 | $1.250 | $625 | $250 |
| Porotos pallar | $3.500 | $1.750 | $875 | $350 |
| Porotos rojos | $3.200 | $1.625 | $813 | $320 |
| Psyllium | $62.500 | $31.250 | $15.625 | $6.250 |
| Quínoa Blanca | $5.100 | $2.550 | $1.275 | $510 |
| Quínoa Negra | $5.800 | $2.900 | $1.450 | $580 |
| Quínoa Roja | $5.800 | $2.900 | $1.450 | $580 |

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| Quínoa Mix (mezcla de quínoa blanca, roja y negra) | $5.800 | $2900 | $1.450 | $580 |
| Quínoa Pop (Quínoa inflada y endulzada) | $13.000 | $6500 | $3.250 | $1.300 |
| Sal de mar | $1.250 | $625 | $313 | $125 |
| Sal negra | $8.100 | $4.050 | $2.025 | $810 |
| Sal rosada fina | $5.600 | $2.800 | $1.400 | $560 |
| Sal rosada gruesa | $5.600 | $2.800 | $1.400 | $560 |
| Semilla Amapola | $8.800 | $4.400 | $2.200 | $880 |
| Semilla de Maravilla | $4.200 | $2.100 | $1.050 | $420 |
| Semilla de maravilla con chocolate | $9.000 | $4.500 | $2.250 | $900 |
| Semilla Zapallo | $8.500 | $4.250 | $2.125 | $850 |
| Sésamo Blanco | $6.500 | $3.250 | $1.625 | $650 |
| Sésamo Negro | $6.500 | $3.250 | $1.625 | $650 |
| Sésamo Tostado | $6.800 | $3.400 | $1.700 | $680 |
| Té Azul | $18.500 | $9.250 | $4.625 | $1.850 |
| Té Blanco | $25.500 | $12.750 | $6.375 | $2.550 |
| Té Ceylan | $11.800 | $5.900 | $2.950 | $1.180 |
| Té Jazmín | $12.500 | $6.250 | $3.125 | $1.250 |
| Té Rojo | $16.500 | $8.250 | $4.125 | $1.650 |
| Té Verde | $8.000 | $4.000 | $2.000 | $800 |
| Té Verde con frutas | $8.100 | $4.050 | $2.025 | $810 |
| Trigo Mote | $3.800 | $1.900 | $950 | $380 |
| Tomates deshidratados | $16.000 | $8.000 | $4.000 | $1.600 |

# PRODUCTOS ENVASADOS

| | Unidad |
|---|---|
| Crema de coco tarro | $2.500 |
| Leche condensada de coco | $3.400 |
| Leche evaporada de coco | $3.650 |
| Cacao orgánico 250 grs | $5.800 |
| Aceite de Oliva Sleman 500ml | $4.600 |
| Aceite Oliva Sleman 250 ml Sabores (Ajo, Merkén o Albahaca) | $4.100 |
| Aceite de Coco orgánico 450 ml | $7.000 |

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# ESPECIAS

* A granel **desde** los 20 grs.

| | GRANEL | | FRASCO PEQUEÑO | | FRASCO MEDIANO | |
|---|---|---|---|---|---|---|
| Ají de color | 20 grs | $110 | 40 grs | $870 | 150 grs | $1.825 |
| Ajo en polvo | 20 grs | $160 | 70 grs | $1.210 | | |
| Ajo escama | 20 grs | $590 | 40 grs | $1.750 | | |
| Albahaca deshidratada | 20 grs | $720 | 20 grs | $1.370 | | |
| Aliño completo | 20 grs | $140 | 40 grs | $930 | | |
| Canela en polvo | 20 grs | $360 | 40 grs | $1.370 | | |
| Cardamomo en polvo | 20 grs | $2.140 | 50 grs | $6.000 | | |
| Cebolla escama | 20 grs | $480 | 30 grs | $1.300 | | |
| Comino | 20 grs | $200 | 50 grs | $1150 | | |
| Cúrcuma | 20 grs | $400 | 55 grs | $1.750 | | |
| Curry | 20 grs | $260 | 50 grs | $1.300 | | |
| Estragón | 20 grs | $760 | 20 grs | $1.410 | | |
| Garam Masala | 20 grs | $1.040 | 40 grs | $2.730 | | |
| Jengibre en polvo | 20 grs | $240 | 50 grs | $1.250 | | |
| Merkén | 20 grs | $370 | 50 grs | $1.600 | | |
| Oregano | 20 grs | $450 | 10 grs | $740 | 50 grs | $2.125 |
| Pimienta Blanca | 20 grs | $700 | 70 grs | $3.100 | | |
| Pimienta Cayena en polvo | 20 grs | $800 | 50 grs | $2.650 | | |
| Pimienta Negra | 20 grs | $500 | 50 grs | $1.900 | | |
| Romero | 20 grs | $375 | 40 grs | $1.400 | | |
| Semillas de Cilantro | 20 grs | $185 | 30 grs | $923 | | |
| Semillas de Hinojo | 20 grs | $350 | 45 grs | $1.250 | | |
| Semilla de Mostaza | 20 grs | $460 | 80 grs | $2.490 | | |

# SAL DE LA ABUELITA GEMMA

100 gramos

| | FRASCO | RECARGA |
|---|---|---|
| Sal Rosada fina | $1.550 | $1.100 |
| Sal Rosada gruesa | $1.550 | $1.100 |
| Sal negra | $1.550 | $1.100 |
| Mix sal de mar y sal negra | $1.550 | $1.100 |
| Sal de mar Tomate deshidratado y pimienta | $1.550 | $1.100 |
| Sal de mar Pil Pil | $1.550 | $1.100 |
| Sal de Mar sabor Criollo | $1.550 | $1.100 |

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# RECETAS LISTAS

Recetas listas, sólo se debe agregar ingredientes líquidos

| | VALOR |
|---|---|
| **Galletas Chubichips** Frasco conservero grande con mix de harina, chips de chocolate, chubis, azúcar rubia y blanca, polvos de hornear, bicarbonato y una pizca de sal. Aprox 25 galletas grandes. | $5.650 |
| **Pan Multisemillas** Frasco conservero grande con mix de harina blanca, integral, levadura, azúcar, sal y mix de semillas. | $3.500 |
| **Brownie chocolatoso** Frasco conservero grande con mix de harina, cacao 100%, nueces, azúcar, polvos de hornear. Aprox 16 porciones. | $4.250 |
| **Muffins de avena y cranberries** Frasco conservero grande con mix de harina de avena, avena integral, azúcar, coco, polvos de hornear y cranberries. Aprox 16 porciones. | $3.000 |

# VITAMINAS Y SUPLEMENTOS

*NUEVA LÍNEA DE PRODUCTOS*

| | SOBRE |
|---|---|
| Hierro / 100 porciones | $3.890 |
| Vitamina B12 / 90 porciones | $3.250 |
| Vitamina B3 / 90 porciones | $3.390 |
| Vitamina B6 / 90 porciones | $4.390 |
| Vitamina D3 / 90 porciones | $3.900 |
| Stevia pura / 200 porciones | $4.690 |
| Levadura Nutricional en copos 100 grs. | $4.900 |
| Levadura Nutricional en polvo 100 grs. | $4.900 |

# FRASCOS DE VIDRIO

| | UNIDAD |
|---|---|
| Frasco colección especias | $1.000 |

CONSULTA TU COSTO DESPACHO:

Entre $2.500.- y $4.000 en comunas de Santiago
o flete por pagar comunas alejadas de Santiago y regiones.

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POR COMPRAS SUPERIORES A $50.000.-


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NUEVA LÍNEA DE PRODUCTOS

# SUPLEMENTOS Y VITAMINAS